

ELEMENTAL SPIRITS PRESENTS...

A COCKTAIL
CLASS

&

IMBIBING
WITH
BITTERS

www.4elementalspirits.com

THE CLASSES

COCKTAIL...

“a stimulating liquor, composed of spirits of any kind, sugar, water, and bitters.”

Join me for a unique class celebrating the history and medicinal value of the cocktail. With 4 ingredients and 4 steps, you can achieve mixological greatness! We will play with a variety of ingredients and medicinal bitters to perfect YOUR signature cocktail. Using the 4 elements, we will pair food and cocktail, exploring the senses to understand flavor pairings. Once you have learned the true nature of your cocktail, we will journey into the world of planetary herbology to discover what herbs are best suited for you at the present time. Learn. Play. Imbibe. Heal.

BITTERS...

“liquor ...with the sharp pungent taste of plant extracts...used as an additive in cocktails or as a medicinal substance...”

Welcome to the best adult art class EVER! Immersed in the world of bitters, you will create cocktails that are bitters friendly, learn the history and purpose of bitters, and ultimately build your own jar of bitters to take home. Using gentle suggestions and your own creativity, you will be ready to wow your guests with homemade bitters before you know it. Learn. Play. Imbibe. Heal.

ABOUT KAT VALENTINA

With a background in Planetary Herbology and years behind the stick, Kat delves into the world of plant healing and conscious imbibing to create a dimension known as Medicinal Mixology. As creator of Elemental Spirits, she has an intimate connection with bitters and tinctures and carries this passion into every experience, inviting the guest to journey into uncharted territory. Along with teaching classes, she offers personalized mixing services to fit any desire.